Republic of the Philippines
Department of Education
REHIYON V (BIKOL)
TANGGAPANG PANSANGAY NG MGA PAARALAN NG LUNGSOD IRIGA

DEPARTMENT OF EDUCATION
SDO-Iriga City RECORDS SECTION
RECEIVED
19 NOV 2026
CTRL No.: 2026-11-595

07 November 2026

**DIVISION MEMORANDUM**
No. 595, s. 2026

**SAFE SPACES, STRONG MINDS: CAPACITY BUILDING FOR GUIDANCE DESIGNATES**

To: Assistant School Division Superintendent
Chiefs of CID and SGOD
OIC Public School District Supervisors
Elementary and Secondary School Heads
School Guidance Designates
All Others Concerned

1. Pursuant to DepEd Memorandum DM-OULS-2025-072, titled "*Guidelines on the Implementation of Safe Spaces, Strong Minds: Capacity Building for Guidance Designates*" and in line with DepEd Order No. 11, s. 2019, and consistent with the mandate of the National Educators Academy of the Philippines (NEAP) to provide quality professional development programs, the Schools Division Office through the School Governance and Operations Division – Human Resource Development Section (SGOD-HRDS) in collaboration with the Curriculum Implementation Division, shall conduct the ***Safe Spaces, Strong Minds: Capacity Building for Guidance Designates*** on **November 21-22, 27-29, 2026** at a venue to be announced in a separate advisory.

2. The activity aims to:
   a. Equip guidance designates and school counselor associates with foundational and policy knowledge-including DepEd issuances, Republic Act No. 11036, or the Mental Health Act, RA 12080, establishing the Basic Education Mental Health and Well-being Promotion Act, and DepEd Order No. 77, s. 2010, which institutionalized school guidance programs.
   b. Develop key competencies in delivering core guidance services, such as case management, referrals, and psychosocial support, ensuring they meet the evolving needs of learners, particularly in a post-pandemic educational landscape.
   c. Provide structured mentoring and coaching support, recognizing that Job-Embedded Learning and professional guidance are essential to the successful transition of designates and associates into their new roles.
   d. Cultivate a culture of reflective practice, self-care, and continuous learning, reinforcing the importance of the well-being not only of learners but also of learner support providers.

3. The expected participants in this 5-day training are the School Counselor Associates and School Guidance Designates in all public elementary and secondary schools. Participants are advised to register at this link: https://tinyurl.com/SafeSpaces-Registration **on or before November 20, 2026**

4. In compliance with DepEd Order No. 9, s. 2026, on the implementation of the instructional block, School Heads with teacher participants are advised to make the necessary instructional delivery arrangements to ensure learning continuity and prevent disruption of classes during the scheduled activity. This may include designating available teachers to handle affected classes, assigning substitute teachers for the day, providing appropriate modular learning activities, or implementing distance learning modalities, as may be applicable, to ensure learners' instructional needs are adequately addressed and the prescribed learning time is maintained.

5. Participants and members of the program management team, including Resource Persons, are entitled to Vacation Service Credits (VSCs) in accordance with DepEd Order No. 13, s. 2024, " Revised Guidelines on the Grant of VSCs for Teachers," or Compensatory Overtime Credits (COCs) pursuant to CSC-DBM Joint Circular No. 2, s. 2004, "Non-Monetary Remuneration for Overtime Services Rendered", whichever is applicable

6. Expenses to be incurred relevant to the conduct of this activity shall be charged against the downloaded Program Support Fund, subject to the usual accounting and auditing rules and regulations.

7. Attached herewith are the following Enclosures:
   a. Enclosure No. 1 – List of Participants and Program Management Team
   b. Enclosure No. 2 – Matrix of Activities

8. For information, guidance, and wide dissemination.

**MARIA-MAGNOLIA F. BRIOSO, CESO VI**
OIC-Schools Division Superintendent

To be indicated in the Perpetual Index
Under the following subjects:

CAPACITY BUILDING GUIDANCE TRAINING SAFE SPACES

GuidanceDesignates-SGOD/HRDS
sacs11072026

Republic of the Philippines

# Department of Education

REHIYON V (BIKOL)

TANGGAPANG PANSANGAY NG MGA PAARALAN NG LUNGSOD IRIGA

Enclosure No. 1 to Division Memorandum No. _____, s. 2026

## SAFE SPACES, STRONG MINDS: CAPACITY BUILDING FOR GUIDANCE DESIGNATES

| ELEMENTARY | | | Please Check if: | | |
|---|---|---|---|---|---|
| CENTRAL DISTRICT | NAME | POSITION / DESIGNATION | MALE | FEMALE | SHIRT SIZE |
| Iriga Central District | Leopoldo R. Dato, Jr. | School Principal III/OIC PSDS | ✓ | | XL |
| Iriga Central School | Ma. Lynette C. Uvero | School Counselor Associate I | | ✓ | S |
| San Nicolas ES | Julie Ann H. Baldoza | School Counselor Associate I | | ✓ | XS |
| San Isidro ES | Carla Estela D. Marmol | School Counselor Associate I | | ✓ | S |
| Don Lazaro Madara IS | Grace A. Enriquez | Teacher III | | ✓ | L |
| San Agustin ES | Evangelyn D. Tubig | Teacher III | | ✓ | M |
| San Francisco ES | Richelle B. Nanglihan | School Counselor Associate I | | ✓ | L |
| Sta. Cruz Sur ES | Lilia R. Pioquinto | Teacher II | | ✓ | M |
| Salvacion IS | Faith Justine F. De Lima | School Counselor Associate I | | ✓ | XS |
| San Miguel ES | Ma. Janina C. Andalis | Master Teacher II | | ✓ | M |
| San Jose ES | Luisa B. Nacario | Teacher III | | ✓ | M |
| Francia ES | Marites S. Sanado | Teacher III | | ✓ | XS |
| ICDISS | Erah V. Morana | SPET II | | ✓ | L |
| | | | Please Check if: | | |
| NORTH DISTRICT | NAME | POSITION / DESIGNATION | MALE | FEMALE | SHIRT SIZE |
| Iriga North District | Noel L. Desquitado | School Principal III/OIC PSDS | ✓ | | XL |
| Iriga North Central School | Lindsey D. De Lima | School Counselor Associate I | | ✓ | XL |
| Sta. Teresita ES | Niña Julia D. Marmol | Teacher IV | | ✓ | M |
| Cawayan ES | Sonia B. Callos | Master Teacher IV | | ✓ | L |
| Tubigan ES | Carmelina N. Belando | Teacher III | | ✓ | S |
| San Andres ES | Janice D. Sirios | Master Teacher I | | ✓ | M |
| San Pedro ES | Glaiza Melody C. Amoroso | Teacher I | | ✓ | XL |
| Sagrada ES | Corazon M. Paquia | Teacher VI | | ✓ | S |
| Nino Jesus ES | Asuncion M. De Lima | Teacher IV | | ✓ | M |
| San Rafael ES | Sharon I. Tabayag | Teacher V | | ✓ | M |
| San Ramon ES | Annie I. Ortega | Teacher VI | | ✓ | S |
| Sta. Isabel ES | Irina C. Bendana | Teacher VI | | ✓ | M |
| Sta. Cruz Norte ES | Jelyn M. Turallo | Teacher I | | ✓ | XS |
| Antipolo Integrated School | Emily B. Cavitana | Teacher III | | ✓ | M |
| San Vicente Norte IS | Cristina M. Flores | Teacher II | | ✓ | M |
| Cristo Rey Integrated School | Gerson D. Amoroso | School Counselor Associate I | ✓ | | M |

Republic of the Philippines

# Department of Education

REHIYON V (BIKOL)

TANGGAPANG PANSANGAY NG MGA PAARALAN NG LUNGSOD IRIGA

| | | | Please Check if: | | |
|---|---|---|---|---|---|
| **SOUTH DISTRICT** | **NAME** | **POSITION / DESIGNATION** | **MALE** | **FEMALE** | **SHIRT SIZE** |
| Iriga South District | Rey A. Tabarangao | School Principal III/OIC PSDS | ✓ | | L |
| Iriga South Central School | Jesryl Faith M. Tabarangao | School Counselor Associate I | | ✓ | S |
| San Juan Integrated School | Rosemarie Y. De La Rosa | School Counselor Associate I | | ✓ | L |
| Sta. Elena ES | Leny A. Llagas | Master Teacher II | | ✓ | S |
| Santiago Integrated School | Iva Allaine D. Tubig | School Counselor Associate I | | ✓ | M |
| Banao ES | Maria Diana C. Manaog | Teacher VI | | ✓ | M |
| San Vicente Sur ES | Manilyn N. Monte | Teacher II | | ✓ | M |
| La Trinidad ES | Laila A. Soreta | Teacher II | | ✓ | M |
| La Anunciacion ES | Tanya L. Pandes | Treacher VI | | ✓ | M |
| La Purisima ES | Liza I. Barbosa | Teacher II | | ✓ | L |
| La Medalla ES | Rey Antoni S. Malate | Master Teacher II | ✓ | | 2XL |
| San Antonio ES | Noli R. Ramboyong | Project Development Officer I | ✓ | | L |
| Sto. Nino ES | Salome C. Manaog | Teacher III | | ✓ | XL |
| Tiriktirikan ES | Lydia C. Molina | Master Teacher I | | ✓ | M |

| **JUNIOR & SENIOR HS** | **NAME** | **POSITION / DESIGNATION** | Please Check if: | | **SHIRT SIZE** |
|---|---|---|---|---|---|
| | | | **MALE** | **FEMALE** | |
| San Agustin Stand Alone SHS | Ludevina Ester D. Bolante | **School Principal IV/Secondary Lead Principal** | | ✓ | 2XL |
| Zeferino Arroyo High School | Ivy Fiona E. Ibasco | Teacher III (JHS) | | ✓ | L |
| | Glory R. Layosa | Teacher II (SHS) | | ✓ | M |
| Perpetual Help National High School | Rina Angela L. Peñales | School Counselor Associate I | | ✓ | M |
| Rinconada National Technical Vocational School | Lorelli D. Nacario | Guidance Counselor II | | ✓ | XL |
| | Rene L. Villamer | TEACHER II (SHS) | | ✓ | L |
| Sta. Maria High School | Louie C. Ramos | TEACHER II (SHS) | ✓ | | 3XL |
| San Agustin (Stand Alone) Senior HS | Mark Jayvee C. Sayson | School Counselor Associate I | ✓ | | L |
| San Pedro National High School | Elma N. Oracion | Teacher II (SHS) | | ✓ | M |
| Sagrada National High School | Maria Christina C. Potencio | TEACHER III (SHS) | | ✓ | L |
| San Antonio National HS | Joana S. Bañares | School Counselor Associate I | | ✓ | |
| Sto. Nino National HS | Richy Sean B. Leu | School Counselor Associate I | ✓ | | XL |
| San Francisco National HS | Juvy Ann B. Vargas | Teacher I | | ✓ | M |
| Iriga City Science High School | Franc Khristian C. Lumbis | Teacher I | ✓ | | M |

| EXECUTIVE COMMITTEE/ PMT / RESOURCE SPEAKERS | NAME | POSITION / DESIGNATION | Please Check if: | | SHIRT SIZE |
|---|---|---|---|---|---|
| | | | MALE | FEMALE | |
| Top Management | Maria-Magnolia F. Brioso | OIC-Schools Division Superintendent | | ✓ | S |
| | Maylani L. Galicia | Asst. Schools Division Supt. | | ✓ | M |
| | Jerson V. Toralde | Chief Education Supervisor | ✓ | | XL |
| | Noel G. Cabaltera | Chief Education Supervisor | ✓ | | 3XL |
| Program Manager | Ma. Genoviva N. Quiaño | Education Program Supervisor | | ✓ | L |
| Learning Manager | Sahlee B. Cerillo | Education Program Supervisor | | ✓ | L |
| Program Support Services | Dante J. Arrabe | Senior Educ. Program Specialist | ✓ | | L |
| | Sharon C. Saldo | Education Program Specialist II | | ✓ | S |
| | Teresa V. Buena | Guidance Counselor III | | ✓ | L |
| M & E Officer | Jhomer I. Rosal | Senior Educ. Program Specialist | ✓ | | L |
| Secretariat | Shara Lyn R. Vargas | Project Development Officer I | | ✓ | S |
| | Rhea Margarita S. Revina | Administrative Assistant III | | ✓ | L |
| Welfare Officer | Santiago E. Oasnon | Technical Assistant I | ✓ | | XL |
| Documenter/ Logistics | Lydia P. Ibasco | Project Development Officer II | | ✓ | XL |
| Finance Officers | Salvacion E. Bermejo | Accountant III | | ✓ | L |
| | Lourdes B. Azcarraga | Admin. Officer V (Budget) | | ✓ | S |
| Resource Speakers | Joy T. Igdanes | Guidance Counselor II | | ✓ | XS |
| | Rhodalyn P. Asido | Guidance Counselor II | | ✓ | M |
| | Maria Victoria D. Perez | Guidance Counselor II | | ✓ | M |
| | Melvin R. Silos | Guidance Counselor II | ✓ | | M |
| | Mary Portia H. Ancheta | Guidance Counselor II | | ✓ | M |

Republic of the Philippines
Department of Education
REGION V BICOL
SCHOOLS DIVISION OFFICE OF IRIGA CITY
City of Iriga

Enclosure No. 2 to Division Memorandum No. _____, s. 2026

## SAFE SPACES STRONG MINDS: CAPACITY BUILDING FOR GUIDANCE DESIGNATES

| TIME DURATION | DAY 1 | DAY 2 | DAY 3 | DAY 4 | DAY 5 |
|---|---|---|---|---|---|
| **8:00am-8:30am** | Opening Program | Management of Learning | | | |
| **8:30am-10:00am** | Module 1: Understanding the Role of Teachers in Basic School Counseling<br><br>**RP: Joy T. Igdanes**<br>Guidance Counselor II<br>SDO Camarines Sur | Module 4: Handling Common Concerns in Schools<br>4.1.A Understanding the Anti- Bullying Act: Roles and Responsibilities of Teachers<br><br>**RP: Maria Victoria D. Perez**<br>Guidance Counselor III<br>SDO Naga City | Module 4: Handling Common Concerns in Schools<br>4.2.B School-Based Drug Prevention Strategies<br><br>**RP: Melvin R. Silos**<br>Guidance Counselor II<br>SDO Camarines Sur | Module 5: Basic Risk Screening and Identifying At-Risk Learners<br><br>**RP: Mary Portia H. Ancheta**<br>Guidance Counselor II<br>SDO Camarines Sur | Module 6: Basics of A School-Based Guidance Action Plan<br>6.1 Presentation of Guidance Action Plan<br><br>**RP: Rhodalyn P. Asido**<br>Guidance Counselor II<br>SDO Camarines Sur |
| **10:00am-10:15am** | | **HEALTH BEAK** | | | |
| **10:15am-12:00pm** | Module 2: Integrating Guidance Services in Classroom Management and Instruction<br><br>**RP: Rhodalyn P. Asido**<br>Guidance Counselor II<br>SDO Camarines Sur | Continuation of 4.1.A Understanding the Anti-Bullying Act: Roles and Responsibilities of Teachers<br><br>**RP: Maria Victoria D. Perez**<br>Guidance Counselor III<br>SDO Naga City | Continuation of 4.2.B School-Based Drug Prevention Strategies<br><br>**RP: Melvin R. Silos**<br>Guidance Counselor II<br>SDO Camarines Sur | Continuation of Module 5: Basic Risk Screening and Identifying At-Risk Learners<br><br>**RP: Mary Portia H. Ancheta**<br>Guidance Counselor II<br>SDO Camarines Sur | Module 7: Cultivating a Wellness Culture in School: Starting with Ourselves<br><br>**RP: Maria Victoria D. Perez**<br>Guidance Counselor III<br>SDO Naga City |
| **12:00pm-1:00pm** | | **LUNCH BREAK** | | | |
| **1:00-3:00pm** | Module 3: Promoting Healthy and Emphatic Communication with Learners and Applying Psychological First-Aid in School Settings: Basic Tools for Teachers<br><br>**RP: Joy T. Igdanes**<br>Guidance Counselor II<br>SDO Camarines Sur | 4.1.B Creating Safe and Inclusive Learning Spaces for All Learners<br><br>**RP: Melvin R. Silos**<br>Guidance Counselor II<br>SDO Camarines Sur | Module 4: Handling Common Concerns in Schools<br>4.3 Suicide Prevention 101: What Every Teacher Needs to Know<br><br>**RP: Mary Portia H. Ancheta**<br>Guidance Counselor II<br>SDO Camarines Sur | Module 6: Basics of a School-Based Guidance Action Plan<br><br>**RP: Rhodalyn P. Asido**<br>Guidance Counselor II<br>SDO Camarines Sur | WAP<br>Closing Program |

| | | | | | |
|---|---|---|---|---|---|
| **3:00pm-3:15pm** | | **HEALTH BREAK** | | | |
| **3:15pm-4:45pm** | Continuation of Module 3: Promoting Healthy and Emphatic Communication with Learners and Applying Psychological First-Aid in School Settings: Basic Tools for Teachers<br><br>**RP: Joy T. Igdanes**<br>Guidance Counselor II<br>SDO Camarines Sur | Module 4: Handling Common Concerns in Schools<br>4.2.A. Promoting Healthy Digital Habits in the Classroom and at Home<br><br>**RP: Melvin R. Silos**<br>Guidance Counselor II<br>SDO Camarines Sur | Continuation of 4.3 Suicide Prevention 101: What Every Teacher Needs to Know<br><br>**RP: Mary Portia H. Ancheta**<br>Guidance Counselor II<br>SDO Camarines Sur | Continuation of the Basics of a School-Based Guidance Action Plan<br><br>**RP: Rhodalyn P. Asido**<br>Guidance Counselor II<br>SDO Camarines Sur | |
| **4:45pm-5:00pm** | | **End of Day Evaluation** | | | |