



Republika ng Pilipinas
Kagawaran ng Edukasyon
REHIYON V (BIKOL)

DEPARTMENT OF EDUCATION
SDO-Iriga City RECORDS SECTION

RECEIVED
10 JUN 2026

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TANGGAPANG PANSANGAY NG MGA PAARALAN NG LUNGSOD IRIGA

MEMORANDUM

TO : Assistant Schools Division Superintendent
Chief Education Supervisors, SGOD and CID
Public Elementary and Secondary School Heads
All Others Concerned

FROM : *M.F.B.*
MARIA-MAGNOLIA F. BRIOSO
OIC-Schools Division Superintendent

SUBJECT: **PARTICIPATION IN THE LGU MOBILE BLOOD DONATION ACTIVITY
AT IRIGA CITY SPORTS CENTER**

DATE : June 2, 2026

The Local Government Unit (LGU) of Iriga City will conduct a **Blood Donation Activity** in celebration and commemoration of the World Blood Donor's Day, Iriga City Pintakasi and the Philippine Independence Day Celebrations this month. The Blood Donation Activity is on **June 11, 2026 (Thursday), at the Iriga City Sports Center from 7:00 am to 4:00 pm.**

In support of this worthwhile initiative, all teaching and non-teaching personnel of the Schools Division Office of Iriga City are encouraged to participate as voluntary blood donors, subject to the health and eligibility requirements prescribed by the medical team managing the activity. Please see attached letter and blood donor eligibility self-assessment tool.

This activity seeks to promote volunteerism, strengthen community partnership, and contribute to saving lives through blood donation.

Teaching personnel who will participate as voluntary blood donors are entitled of Official Time (Half-Day), subject to the approval of their immediate supervisor and provided that appropriate arrangements are made to ensure that classes and other school responsibilities are not adversely affected. Non-teaching personnel may likewise be allowed to participate on official time, subject to office exigencies and approval of the head of office.

School Heads are requested to disseminate this Memorandum to all personnel and facilitate participation while ensuring that classes and office operations remain uninterrupted.

Immediate dissemination of and compliance with this Memorandum are desired.



**IRIGA
SPRINGS**

*Sa Serbisyong Tapat at Maagap,
Edukasyon ay Dekalidad!*



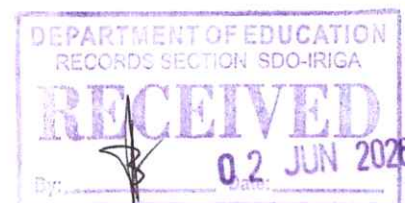
Sto. Domingo, Lungsod Iriga



iriga.city@deped.gov.ph

May 25, 2026

DR. MARIA-MAGNOLIA F. BRIOSO, CESO VI
OIC – Schools Division Superintendent
Schools Division of Iriga City



Thru:

DR. QUENNIE MAE R. SALCEDO
Medical Officer III

Subject: Letter of Invitation and Request for Participation in the LGU Mobile Blood Donation Activity

Dear Dr. Brioso:

Warm Greetings of Peace!

In line with the celebration and commemoration of the World Blood Donor's Day, Iriga City Pintakasi, and the Philippine Independence Day Celebrations this Month of June, the City Government of Iriga through the initiative of the Iriga City Health Office – City Voluntary Blood Donation Service Program, in partnership and collaboration with the Bicol Medical Center Blood Bank and Transfusion Science Center, will conduct an **LGU Mobile Blood Donation Activity on June 11, 2026 (Thursday), from 7:00 AM to 4:00 PM at the Iriga City Sports Center.**

In this regard, we respectfully invite and encourage the entire Teaching and Non-Teaching Personnel of the Schools Division of Iriga City to actively participate in this noble and life-saving endeavor through voluntary blood donation.

This activity primarily aims to:

1. Fulfill public health goals through voluntary blood donation;
2. Promote public awareness and education on the importance of blood donation;
3. Maintain a sufficient and diverse inventory of blood to respond to mass casualty incidents, natural disasters, and seasonal fluctuations in demand; and
4. Create a culture of repeat and regular blood donation by providing excellent donor care, emphasizing donor safety, and recognizing the valuable contributions of frequent blood donors.

Your support and participation in this humanitarian activity will greatly contribute to saving lives and strengthening community solidarity and public health preparedness.

Attached herewith is the **Blood Donor Eligibility Self Assessment Tool** for your reference, dissemination, and appropriate action.

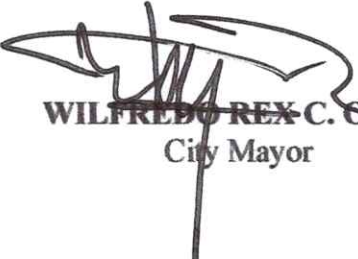
We are sincerely hoping for your favorable response and continued support to this worthy undertaking.

Thank you very much and more power.

Respectfully yours,

Noted by:


RONALD G. PERENA, MD
City Health Officer II


WILFREDO REX C. OLIVA
City Mayor

Donor and Blood Trail (Vein to Vein)

A. Blood trail

i. Community and In-house Activities

Donor recruitment
HIV awareness
Campaign,
Duglit presentation for
school children

1.



ii. Mobile Blood Donation Site Activities

Pre-donation orientation and

2. Advocacy talk

3. Registration Initial Donor
Assessment

Donor Screening

4. a. Pre-donation counseling
b. Donor screening and health check



5. Blood Hemoglobin /
Grouping evaluation



Donor and Blood Trail (Vein to Vein)

6. Blood extraction / Phlebotomy
Post donation counselling



7. Donor rest and refreshment
Donor recognition



B. Blood Trail

8. Quality Assurance Processes
Component processing and Serologic Screening



9. Storage and Distribution
(Inventory management)



10. Patient and Blood Transfusion
management



BLOOD DONOR ELIGIBILITY SELF ASSESSMENT TOOL

JOIN US
BE A HERO

PAMANTAYAN NG ISANG
MALUSOG, LIGTAS AT
PASADONG

DONOR NG DUGO

Bicol Medical Center
Blood Bank and Transfusion Service

Panganiban Drive, Concepcion Pequeña, Naga City, 4400
bmcbloodbank@gmail.com

RA 7719

Ang programa ng pagbibigay o pagdodonate ng Dugo ay napa-pasa-ilalim sa isang batas, ang **National Blood Services Act of 1994 or Republic Act No. 7719**.

Ang programa ay pinamumunuan ng Department of Health (Kagawaran ng Kalusugan) sa ilalim ng National Voluntary Blood Service program (NVBSP).

Sa Rehiyon V, ang Bicol Medical Center-Blood Bank and Transfusion Service ay isa sa mga institusyon na naatasan maging "Lead Blood Service Facility" para magkaroon ng "Sapat at ligtas na Dugo para sa lahat o Safe Blood for All"

Blood Donor Eligibility Checklist:

Pwede kang magdonate o magbigay ng dugo para sa iyong kapwa kung ikaw ay:

- [✓] Lalake o babae, ang pagdodonate ay walang pinipiling kasarian o lahi.
- [✓] Nasa tama ang /sapat na gulang o edad (18—65 taong gulang) (16—17 taon—nangangailangan ng pahintulot ng magulang o tagapangalaga. Ang higit sa 65 years old na Repeat Donor, depende sa pagsusuri ng doctor / health personel.
- [✓] May timbang na 50 kilos (110 lbs) o mahigit.
- [✓] Nasa mabuting kalusugan at tamang pangangatawan.
- [✓] Hindi nagkasipon o lagnat sa nakalipas na dalawang (2) linggo.
- [✓] Hindi naoperahan o nasalinan ng dugo sa nakalipas na isang (1) taon.
- [✓] Hindi nagpatatoo o nagpahikaw sa nakalipas ng isang (1) taon
- [✓] Hindi buntis o nagpapasuso ng bata para sa mga babae.
- [✓] Hindi nabubunutan ng ngipin sa nakalipas na 3 araw.
- [✓] Hindi nakagamit ng ipinagbabawal na gamot.
- [✓] Hindi nakainum ng alak o beer sa nakalipas na 12 oras.
- [✓] Hindi nagkaroon ng paninilaw ng mata o balat dulot ng sakit sa atay o hepatitis.
- [✓] Hindi nagkaroon ng positibo sa test o resulta ng alin mang mga sakit:

Hepatitis B	Malaria	HVI/2
Hepatitis C	Syphilitic	
- [✓] Walang sakit sa puso, bago o anumang nakakahawa o malalang sakit na maaring makadulot ng kapahamakan sa iyong katawan o pasyente.
- [✓] Walang Gawain masasabing "high risk behaviour".
- [✓] Walang malalang sakit, cancer o sakit sa dugo

NVBSP

KARANIWANG MGA TANONG

Kaugnay sa pagdodonate ng dugo

1. Ano ang mga bagay na dapat gawin ISANG ARAW bago magdonate ng dugo.
A) kumain g sapat at uminom ng tamang dami ng tubig pinagpapayo na uminom ng 1-2 basong tubig bago magdonate.
B.) magkaron ng sapat at maayos na pagtulog (huwag magpuyat)
2. Gaano kadami po ang kukunin sa aking dugo? Ang kadalasang ginagamit na "Blood Bag" ay pwedeng maglaman ng "450ml" o katumbas ng isang malaking tasa o maliit na bote ng softdrinks / mineral water.
3. Gaano katagal ang pagdodonate ng dugo? Ang tagat ng pagdodonate ay depende sa lapot at daloy ng dugo mula sa ugat ng donor. Ito ay kadalasan tumatagal ng 5-15 minutes.
Maaaring mapabilis ang daloy ng duso sa:
A) Pag-inom ng tubig bago magdonate
B) Pag-iwas ng paninigarilyo bago magdonate
4. Gaano kadalas po ako pwedeng magdonate ng dugo? Pwede magdonate ng dugo (Whole Blood Donation) kada 3 buwan o 4 na beses sa isang taon. Ang isang "Apheresis" donor ay pwede kunan ng "component" makalipas ang 3-4 lingo.
5. Ako po ay may buwanang dalaw / regla sa araw ng donation, pwede po ba ako magdonate? Pwede, hindi ito hadlang sa pagdodonate. Ang importante ay ikaw ay nasa maayos na kalagayan at komportable sa proseso ng donasyon.
6. Ako po ay may tattoo at hikaw, maari ba akong tanggaping blood donor? Kailangang ang iyong pagkakahikaw at pagpatattoo ay nagawa sa malinis na paraan at nagawa mahigit sa isang (1) taon bago magdonate
7. Ano po ang mga eksaminasyon o test na ginagawa sa aking dugo bago isalin sa isang pasyente? Ang blood bank ay maraming ginagawa proseso para masabing "ligtas" at maiwasan may mangyari sa donor at pasyente. Ang mga kadalasang eksemin

BMC Blood Bank & Transfusion Service

Ang mga kadalasang eksaminasyon na ginagawa ay ang mga sumusunod:

- A) Hemoglobin—Para sa tamang kapulahan at dami ng dugo
- B) Blood Group or Blood Type—Type A, B, O, AB
- C) Mga Test sa mga sakit na pwedeng maisalin sa pamamagitan ng dugo.
 1. Hepatitis B
 2. Hepatitis C
 3. HIV 1/2
 4. Syphilis
 5. Malaria
- D) Antibody Screen—ang dugo ay walang "Antibody"
- E) Crossmatching—"compatible" ang dugo donor sa pasyente

8. Ako po ay High Blood, pwede po ba ako magdonate? Ang isang donor na may sakit "stable" na blood pressure mula 90/60 mmHg hanggang 160/100 mmhg ay maaring magdonate, depende sa pag susuri ng donor screener o health personnel.
9. Wala po sa aming balut at mahal ang beer. Ano po ang pwedeng inumin at kainin matapos magdonate? Hindi po kinakailangan ng balut o beer para luma kas o makabawi sa pagdodonate. Tubig at simpleng snack ay maaring makatulong. Ang pagkain ng sapat at balance gaya ng gulay (dahon ng malunggay at talbos ng kamote) ay malaking tulong para ikaw ay maging "Regular Donor"
10. Ano po ang nangyayari at ginagawa sa dugong nadonate sa blood bank? Ang mga dugong nadonate ay pinoproceso sa iba-ibang parte para maibigay sa maraming pasyente na mayroong iba't-ibang klaseng sakit o kalagayan. Ito ay pwede isalin hindi lang sa mga pasyente dito sa ating probinsya kundi ito din ay pwedeng maibigay sa mga nangangailangan sa ibang parte ng Pilipinas.



donate.
blood.
now.

Be there for someone else...

Give blood... Share life...

Safe Blood for All!!!

Save a Life, Give Blood